



Spring in Savoy Mountains, France / Private stay Wild calling



At the beginning of May, the ski season comes to an end in the mountains of Tarentaise-Vanoise, giving way to the sun, which warms up the snowy slopes and awakens nature.

It's a great opportunity to discover, on foot and on snowshoes, valleys brimming with new energy: spring grass and flowers gradually take over from the snowfields, animals get busy, the sun rises on the horizon and warms our bodies from morning to night...

Every day we witness the metamorphosis of the mountains.

Dates and times	Start of stay: on 27 april 2024 at 11 am (depending on the arrival of the planes) End of stay: on 04 may 2024 at 11 am (depending on departure of the flight)
Skills details	Technical level: 3 on a scale of 1 to 5 Physical level: 3 on a scale of 1 to 5 Minimum level required: 3 See https://www.vanoise-voyages.com/quel-est-mon-niveau/ to understand the level. Time of hike: from 5 to 8h/day considering the weather an snow conditions and the level of participants Dénivelations: from 500 to 800 m up and down every day considering the weather an snow conditions and the level of participants From 9 participants, there will be 2 mountain leader, that will let the possibility to make 2 groups level. Carrying of luggage: you are carrying only a backpack which contains your warm clothes, sometime your snowshoes, water and personal picnic lunch...
Guiding	from 5 à 8 participants Name: NULLANS Marie-Paule Diploma : Qualified mountain leader, english speaking mobile : +33(6)20 27 47 84 E-mail : contact@marie-paule-en-montagne.com Additional leadership from 9 to 16 participants Name : VIALARD Emmanuel Diploma: Qualified mountain leader, english speaking mobile : +33(6)74 85 71 28 E-mail : e.vialard@laposte.net Both mountain leaders are member of the guide compagny of la Vanoise.
Group size	Required minimum number: 5 people Required maximum number: 16 people
Accomodation type	Hotel Angival** in Bourg Saint Maurice: a small, cosy and comfortable hotel, located in the heart of the town centre, making it easy to go shopping in the pedestrian street, explore the surrounding area and go to a nice restaurant for dinner.

	<p>Double or triple rooms according to group size. Single supplement subject to availability. If there are no rooms available at the time of booking, other rooms will be found in a hotel of equivalent standard as close as possible to the city centre.</p>
Meals	<p>Breakfasts are served in the hotel Pic-nic lunches are made by your guide (salads, local and healthy products) Dinners at the hôtel of in the local restaurants</p>
Transport	<p>Transfers Geneva airport - Bourg Saint Maurice by taxi. Transfers between Bourg Saint Maurice and the starts of the hikes made by small buses or cars driven by the local guides.</p>
Formalities	<p><u>Police formalities :</u> - Valid identity document - Visa</p> <p><u>Formalités sanitaires :</u> Warn your guide of any medical risk. To realize this trip in the best conditions, we advise you to make beforehand a medical balance sheet with your general practitioner to confirm your capacity for the trekking.</p> <p><u>Informations needed by Vanoise Voyages before the trip:</u></p> <ul style="list-style-type: none"> <input type="checkbox"/> Name / Surname / Address / E-mail on web inscription <input type="checkbox"/> Mobile phone number you will have during the trip <input type="checkbox"/> Name and phone number of the person we can contact in case of emergency <input type="checkbox"/> Identity Document Copy <input type="checkbox"/> Your Repatriation insurance attestation if not taken on our website (with insurance name, contract number, 24/24 phone number) <input type="checkbox"/> You flight ticket
Date, place and time of meeting	<p>Saturday 27 april 2024 at Geneva airport: 11 :00 am according to the schedule of the flights from China, at 4 pm with your guide in Bourg Saint Maurice</p>
Access to the meeting	<p>By your own way</p>

Date, place and time of dispersion	Saturday 4th may at Geneva Airport : 11:00 am according to the schedule of te flights to China
Itinerary details	<p>Day 1, Saturday 27 April: arrival at Geneva airport Transfer by taxi to Bourg Saint Maurice. Check-in at the hotel, presentation of the program by your guide(s). Dinner at the hotel.</p> <p>Day 2, Sunday 28 April: Mercuel valley 8 am, transfer to Le Crôt, a small stone hamlet nestling in a remote valley. We walk through the crocuses towards the chapel of St Pierre, and soon put on our snowshoes and find out how to use them. We reach the Sassièrè plateau, a magnificent wild setting at the foot of the slopes and peaks that border Italy. Descend by the same route. Transfer to hotel, overnight stay and dinner in town. D+ :500m D-500m, 5h walk.</p> <p>Day 3, Monday 29 April: towards the Presset refuge Today we are transfered to Foran , at the entrance to a long valley lined with slopes where wildlife frolics in spring. We make our way to the refuge de la Balme, then Presset, on spring snow dotted with waking marmots. Transfer to the hotel, overnight stay and dinner in town. D+/-: 500 to 700 m, 6 to 7 hours' walking</p> <p>Day 4, Tuesday 30 April: La Sassièrè nature reserve Almost at the bottom of the Tarentaise valley lies a majestic plateau at the foot of the imposing slopes of the Grande Sassièrè Peak: the Sassièrè nature reserve. Exploring this place in spring is a privileged and calm moment, in a unique light and facing the greatest peaks of Savoie-Tarentaise. Transfer to hotel, overnight stay and dinner in town. D+/- :500 to 800m depending on level and weather conditions, 5 to 7 hours' walking.</p> <p>Day 5, Wednesday 1 May: Peisey-Nancroix At the bottom of a valley carved out by the Mont-Pourri and Aiguille de Bellecôte glaciers lies a glacial cirque that the inhabitants of the village of Peisey call the "fond de vallée" (valley floor). It's a treasure trove of wild and pastoral life:</p>

	<p>we walk from hamlet to hamlet, spotting ibex, marmots and the famous pair of Bearded Vultures that nest on the nearby cliffs every year. Transfer to hotel, overnight stay and dinner in town. D+/- :500 to 800m depending on level and weather conditions, 5 to 7 hours' walking.</p> <p>Day 6, Thursday 2 May: le Monal This isolated village is a place of harmony and offers a majestic view of the 5 glaciers that descend from the eastern slopes of Mont-Pourri. We walk from one hamlet to the next, through larch forests and meadows. The fittest may be lucky enough to climb to the entrance to the Clou plateau. Transfer to hotel, overnight stay and dinner in town. D+/- :500 to 800m depending on level and weather conditions, 5 to 7 hours' walking.</p> <p>Day 7, Friday 3 May: Petit St Bernard Pass or Cornet de Roselend Leaving the Rosière ski resort (closed), we continue on foot along the Petit St Bernard pass road towards the Italian border. We'll admire the building of the old hospice and perhaps go as far as the Italian border. Transfer to the hotel, overnight stay and final dinner in town. If the road is closed/open, we could skip this day and change for Cornet de Roselend area. D+/- :500 to 800m depending on level and weather conditions, 5 to 7 hours' walking.</p> <p>Day 8, Saturday 4 May: Transfer by taxi to Geneva airport 8am, departure by taxi for Geneva airport.</p> <p>It will be necessary for us to adapt ourselves to the hazards of the weather report as well as in the conditions of the mountain and the people. In the last resort, the mountain guide remains only judge of the program whom he can modify because of imperatives of safety.</p>
Total price	<p>from 5 to 9 participants: 2000 €/person from 10 to 11 participants : 1850 €/person from 12 à 113 participants : 1750 €/person from 14 to 16 participants : 1600 €/person</p>

Supplements	Single room (available according to the hotel, included forced single rooms): 286 €
The price includes	<p>Elements described about:</p> <ul style="list-style-type: none"> - Supervision by 1 qualified mountain leader (1 leader for 4 to 8 participants, 2 leaders for 9 to 16 participants), - Transport: Geneva airport transfers to Bourg Saint Maurice (1 transfer for every 8 people) by taxi and daily transfers to the trailheads by minibus or vehicle driven by the guides. - Accommodation: in a 2-star comfort hotel, from day 1 evening to day 8 morning. - Full board from day 1 evening to day 8 morning (with picnics at lunchtime). - Loan of snowshoes and poles, and any safety equipment (avalanche transceivers, shovels and probes).
The price doesn't include	Personal insurances, drinks during the meals except tap water, personal equipment, transfers that are not described on the program, police formalities and sanitary expenses and all the things not mentioned in this document.
Payment terms	30 % deposit on registration, balance in 30 days of the departure. Payment accepted with bank card or bank transfer.
Insurance	<p>Each participant must have an individual insurance to guarantee multirisk of protecting itself incidents or accidents wich can arise before either during the trekking and a repatriation insurance for the trip.</p> <p>If needed, we propose you several insurance formulas, under the condition that your residence address is in Europ:</p> <ul style="list-style-type: none"> <input type="checkbox"/> ASSISTANCE: repatriation / expenses of help and search at 1 % of the total price, <input type="checkbox"/> CANCELLATION at 3,5 % of the total price <input type="checkbox"/> MULTIRISK (Assistance + cancellation) at 4,5 % of the total price, you will also have the trip interruption, if repatriation by our Europ Assistance insurance. <p>Insurance general provisions on Europ Assistance leaflets.</p>
Supplied equipment	Snowshoes and poles, DVA (Avalanche Victim Detector), showels and snowprobes 1 for 3 persons)
Personal equipment necessary	<ul style="list-style-type: none"> <input type="checkbox"/> A minimum 20-litres hiking rucksack with straps to hang a pair of snowshoes and poles. <input type="checkbox"/> Hiking boots with a rigid, non-slip sole that covers the ankle. Be careful not to use trail-type shoes, as they won't fit snowshoes. <input type="checkbox"/> Warm, breathable hiking socks. <input type="checkbox"/> Mountain trousers <input type="checkbox"/> Tights <input type="checkbox"/> Waterproof overtrousers (for rain or bad weather) <input type="checkbox"/> A waterproof gore-tex jacket

- A warm jacket or down jacket
- 1 warm jumper
- 1 or 2 "first layers" if possible in a warm, breathable material
- Hat, cap, scarf
- 1 pair of sunglasses (note that the spring sun is very strong and it is very important to protect your eyes)
- 2 pairs of gloves: a light pair and a warm pair
- Sunscreen factor 50
- 1 water bottle or thermos flask (minimum 1 litre)
- Your personal toiletries, underwear and a change of clothes

Non-exhaustive list